

# P37R Physical Therapy Workshop



Join Physical Therapist Michelle Gardella to learn about the importance of core strengthening for High Schoolers.

**Tuesday, February 15th**

**10:00 am - 11:00 am**

**[Click here to join the meeting.](#)**  
**[on February 15th](#)**

**Or call in (audio only)**

**[+1 347-966-4114,,604684225#](#)**

**Phone Conference ID: 604 684 225#**